

YANA Community Summer Newsletter



What's On

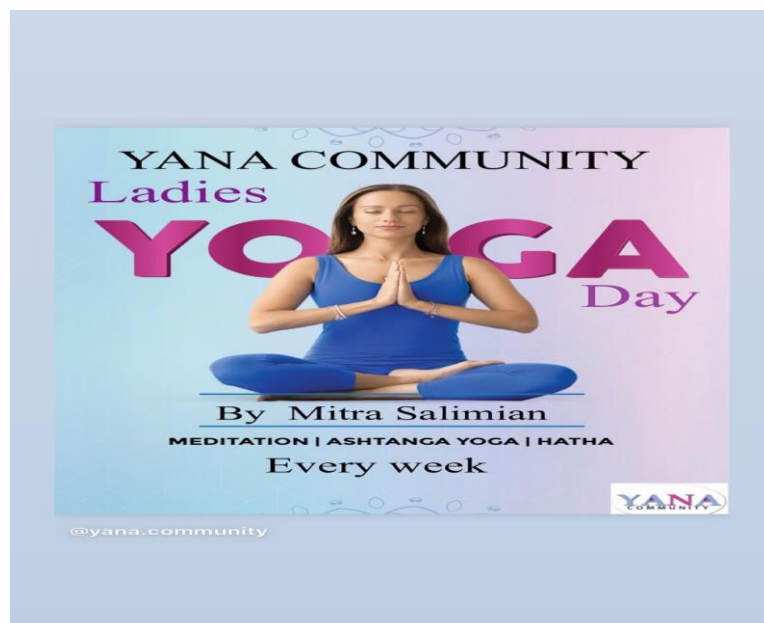
Empower & Awaken

We invite all women to YANA (You Are Not Alone)
We are proud of the way Yana community is continuing support women side by side.

It started with small Iranian women's groups in the place activity centre in Nottingham.

Now our warm, safe and welcoming space via zoom across the country.

Courses in August are:



Different styles of dance

Yoga & Meditation

Language Classes

Music and Singing Class

Consultancy

online
via
zoom

All classes are

Dance Fitness for everyone

On Mondays and Thursdays evening

At 18-19 Pm

YANA COMMUNITY



Online Ladies
Only

Singing Workshop

By
Arnica (Shahrzad)

 /yana.community  /yanacommunity.co.uk

 /YANA_UK  info@yanacommunity.co.uk



YANA COMMUNITY



Belly Dance and Salsa Class
by Anita

Let's empower each other
through dance forms!

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www.yanacommunity.co.uk




free for members

Language classes

on Saturdays at 11 Am

YANA COMMUNITY



Would you like to study in the UK?

Join our webinar on how to choose a UK University

by Dr Sara Turner

Friday, 14th August
at 4.00 pm
London Time

Free Consultancy sessions by professionals such as:
Estate Planing by Vafa Kaveh
Study In the UK
by Dr Sara Turner

Estate planning
by
Mrs Vafa Kaveh

Assistance with estate planning;
Will writing, lasting power of
attorney, tax planning, asset
protection and more.

On Fridays 7 and 21st of August
At 6:00pm

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Book now

To book your places please visit our website and to apply for classes go to the membership and fill the membership form.